

IL GUSTO

Gluten Free Menu



ANTIPASTI

MARINATED MIXED OLIVES (V) - 5.25

CAPRESE (V) - £8.95

Fresh buffalo mozzarella with sliced tomatoes drizzled with olive oil and balsamic reduction.

Served with rocket and fresh basil.

ANTIPASTO MISTO (FOR 1)- 10.75, (FOR 2) -19.95

A selection of cold meats, cheese, olives and pickles served with bruschetta Napoli and mixed leaf salad.

COZZE CREMA - £9.50

A bowl of mussels in a creamy garlic and white wine sauce. Served with fresh lemon.

GAMBERONI - £8.95

Pan fried king prawns in a garlic, white wine sauce, chilli butter and parsley sauce. Served with fresh lemon.

RISOTTO

RISOTTO DI GUSTO - £18.50

Arborio rice with chopped sea bass, king prawn s, spinach and baby tomatoes in garlic and butter sauce. Finished with asparagus.

RISOTTO CAPESANTE - £19.95

Rice cooked scallops, leeks and crispy pancetta, pan fried with garlic, butter and a touch of chilli.

RISOTTO DI POLLO - £16.75

Rice cooked with chicken and mushroom, pan fried in garlic, butter and herbs. Finished with parmesan shavings.

RISOTTO VERDURE (V) £16.25

Rice cooked with courgettes, green beans, peas and spinach, pan fried in garlic and butter. Finished with grilled asparagus.

PASTA

PENNE ARRABBIATA (V) - £11.95

Gluten free penne pasta in a spicy tomato sauce with chilli and baby plum tomatoes, finished with garlic oil and basil.

PENNE BOLOGNESE - £14.75

Gluten free penne pasta with a rich slowly braised minced beef, red wine, onion tomato, ragu and herbs.

PENNE CARBONARA - £14.75

Gluten free penne pasta with pancetta, cooked in a creamy sauce and parsley. Finished with parmesan cheese and basil.

PENNE AL FORNO - £14.95

Gluten free penne pasta with chicken, mushrooms and roasted peppers, creamy sauce topped with parmesan. Baked in the oven.

PENNE POLLO PICCANTE - £14.95

Gluten free penne pasta with a spicy chicken in a creamy sauce, with tomatoes and spinach, finished with spring onions.

PENNE DI GUSTO - £16.95

Classic Italian pasta known as “LINGUINE ALLEGRO” cooked with pancetta, prawns, asparagus and chilli butter. Served with a sprinkle of parsley.

PENNE ALLA PESCATORE - £17.95

Gluten free penne pasta with king prawns, mussels and squids cooked in a white wine garlic and chilli tomato sauce.

PENNE DI MARE - £17.95

Gluten free penne pasta with smoked salmon, king prawns, prawns, cherry tomatoes and fresh chillies, cooked in white wine and garlic sauce.

CARNE , PESCE E GRILL

ANATRA ARROSTO - £21.95

Pan fried duck breast cooked in rich pancetta dried prunes, leeks and red wine sauce. Served with roasted new potatoes and mixed vegetables.

SALTIMBOCCA ALLA ROMAGNA - £20.95

Pan fried pork tenderloin wrapped in parma ham and sage, cooked in delicious homemade gravy. Served with roasted new potatoes and fine green beans.

POLLO DOLCE LATTE - £18.75

Char-grilled chicken breast topped with creamy white wine, spinach and blue cheese sauce. Served with roasted new potatoes and salad.

POLLO CON FUNGHI - £18.75

Char-grilled chicken breast topped with mushroom tomato sauce. Served with roasted new potatoes and green beans.

BRANZINO DI GUSTO - £22.50

Sea bass fillets with king prawns, mussels, chilli butter and garlic in a white wine and tomato sauce. Served with roasted new potatoes.

SALMON CON CREMA - £21.50

Pan fried fillet of salmon in a creamy mustard sauce. Served with new potatoes and mixed vegetables.

BISTECA - £23.95

8oz Sirloin steak cooked on the grill. Served with roasted new potatoes , mixed leaf salad and a sauce of your choice. Chose from :

-Blue Cheese - peppercorn Sauce- Mushroom Sauce

FILLETO - £31.95

8oz Fillet steak cooked on grill. Served with roasted new potatoes, mixed leaf salad and a red wine & asparagus sauce.

LIGHTER MAINS

TAGLIATA DI MANZO - £21.95

Finely sliced chargrilled 8oz sirloin steak. Served with mixes leaf salad, green beans, chopped tomatoes and parmesan shavings. Drizzled with balsamic glaze.

INSALATA SALMONE - £18.95

Pan fried salmon fillet on bed of mixed leafs, cherry tomatoes, green beans, olives and parmesan shavings. Finished with pesto sauce

INSALATA DI POLLO - 15.95

Char-grilled chicken breast, lettuce, cherry tomatoes, parmesan shavings in Caesar dressing.

SIDES

ROASTED NEW POTATOES - £4.50

MIXED VEGETABLES - £4.75

TOMATO & ONION SALAD - £4.50

ROCKET & PARMESAN SALAD - £4.50

MIXED SALALD - £4.95

GREEN SALAD - £4.95

GREEN BEANS - £4.50

MANY OF OUR DISHES COULD BE MADE VEGAN.
PLEASE INFORM YOUR SERVER FOR ANY ALLERGIES
OR INTOLERANCES.
THERE IS A DISCRETIONARY 10% SERVICE CHARGE
ON PARTIES OF 8 AND MORE